

## Resource Guide





## Campus Resources for Students



## What are the resources available for students at Tech?

- The Learning Center: <a href="https://www.depts.ttu.edu/soar/lc/">https://www.depts.ttu.edu/soar/lc/</a>
  - The Learning Center offers a variety of FREE services to all currently enrolled undergraduate Texas Tech students to ensure academic success.
- Supplemental Instruction: https://www.depts.ttu.edu/soar/si/
  - Supplemental Instruction (SI) is a division of SOAR. Supplemental Instruction sessions are free, weekly, peer-led review sessions for students in historically difficult courses.
- Academic Life Coaching: <a href="https://www.depts.ttu.edu/provost/success/coaching/">https://www.depts.ttu.edu/provost/success/coaching/</a>
  - Academic Life Coaching is a transformative process that engages students in an accountable partnership that facilitates (their) growth through identification of who they want to be, ownership of challenges, and creating meaningful action plans for success and fulfillment at the university and beyond.
- Mentor Tech: <a href="https://www.depts.ttu.edu/mentortech/">https://www.depts.ttu.edu/mentortech/</a>
  - Mentor Tech seeks to enhance the educational experiences of students from diverse backgrounds through mentorship, professional development, community involvement, student success activities.
- RISE: https://www.depts.ttu.edu/rise/
  - RISE (Risk Intervention and Safety Education) is empowering Texas Tech students to live vital, meaningful lives through comprehensive prevention education. Their services include suicide prevention resources, Raider Restart drug and alcohol intervention, Raider Recharge Wellness Coaching, and Mental Health First Aid training.
- Student Counseling Center: <a href="https://www.depts.ttu.edu/scc/">https://www.depts.ttu.edu/scc/</a>
  - We have a variety of services at the SCC including Manage Your Mood skillsbuilding groups, group therapy, Therapy Assistance Online, and Brief Individual or Couples Counseling.
- Texas Tech Crisis HelpLine: (806) 742-5555



- The Raider Red's Food Pantry: https://www.depts.ttu.edu/dos/foodpantry.php
  - Raider Red's Food Pantry will provide students with short-term access to supplemental food. We will also connect students with resources on and off campus in an effort to support student wellbeing.
- Raider Relief: https://www.depts.ttu.edu/dos/raiderrelief.php
  - Raider Relief was developed to support the needs of students and connect them with the most essential resources required to achieve academic goals as a Texas Tech University student. Those needs include but are not limited to: food, housing, financial education, and basic living supplies (clothing, kitchen essentials, toiletries, etc.)
- TTU Police Department: (806) 742-3931 (Non emergency. For emergencies students should call 911)
- Military & Veterans Programs: <a href="https://www.depts.ttu.edu/diversity/mvp/">https://www.depts.ttu.edu/diversity/mvp/</a>
- Cross-Cultural Academic Advancement Center: <a href="https://www.depts.ttu.edu/diversity/ccaac">www.depts.ttu.edu/diversity/ccaac</a>
  - The Cross-Cultural Academic Advancement Center (CCAAC) connects students, faculty, and staff to programs and resources across the university to promote access, respect, inclusiveness, and community regardless of personal culture.
- Office of Student Conduct: <a href="https://www.depts.ttu.edu/studentconduct/">https://www.depts.ttu.edu/studentconduct/</a>
  - Code of Conduct: https://www.depts.ttu.edu/dos/handbook.php
- More Tutoring (listed by SOAR):
  - Chemistry (for pay) 104 Chemistry Building | 806.742.3067
    www.depts.ttu.edu/chemistry/Departmental/tutors.php
  - Chi Epsilon Engineering (free) 150 Civil Engineering Building | 806.742.3523
  - Electrical Engineering Study Group (free) 806.742.3533
  - Department of Mathematics Tutoring & Study Center (free) 106 Math Building |
    806.742.2566 | www.math.ttu.edu/Undergraduate/Resources/TSC/tutor.shtml
    - The Tutoring & Study Center is a free tutoring service provided by the Department of Mathematics & Statistics. Originally named the Missouri Club, the Tutoring & Study Center in Room 106 has been a resource for students for many years. All tutors are undergraduate or graduate math majors able to help you with your mathematics coursework. Hours: Monday through Friday: 9am 5pm

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- Physics (for pay) 101 Science Building | 806.742.3767 | www.phys.ttu.edu
  - o Approved tutor list posted in 101 Science Building. TAs tutor in their offices.
- Pi Tau Sigma Mechanical Engineering (free) 129 Mechanical Engineering
  Building | 806.742.3563 | Contact: <a href="mailto:pts.sigep@gmail.com">pts.sigep@gmail.com</a>
- TECHniques Center (for pay) 242 West Hall | 806.742.1822 www.techniques.ttu.edu
  - o The TECHniques Center is a fee-for-service program of Student Disability Services. The only tutoring program of its kind in Texas, the TECHniques Center provides supplemental academic support services to meet the needs of, and to promote the retention of, undergraduate students with documented evidence of Learning Disabilities and Attention Deficit/Hyperactivity Disorders. The TECHniques Center supports students in maintaining their focus, accomplishing their educational goals, and making education accessible to those who learn differently.

